

Alice's Handy

RACIAL JUSTICE RESOURCE GUIDE

Updated June 4th, 2020



A big big thank you!

If you are reading this, you have dedicated your personal time and energy toward making a difference.

Whether it's by donating money, attending protests, educating yourself, or amplifying the voices of people of color, there are many ways to support the global struggle against racism. Below, you'll find just a few. This isn't intended to be a comprehensive list, and we'll continue to add to it as events evolve.

Please feel free to add to this document by adding a comment or contacting me with edits!

All my love,

Alice

TABLE OF CONTENTS

(Click a link to zoom to the topic!)

1. [A big big thank you!](#)
2. [ACTION ITEMS](#)
3. [NEED RESOURCES?](#)
 - a. [IF YOU ARE DETAINED](#)
4. [WHERE TO DONATE:](#)
 - a. [LOCAL, CITY- SPECIFIC ORGANIZATIONS](#)
5. [NUMBERS TO CALL / TEXT](#)
6. [PETITIONS to SIGN](#)
7. [SUPPORT MINORITY-OWNED BUSINESSES](#)
8. [HOW TO SUPPORT PROTESTORS](#)
 - a. [\(WHEN YOU CAN'T BE ON THE STREETS YOURSELF\)](#)
9. [QUESTIONS TO ASK YOURSELF](#)
10. [ORGANIZATIONS TO FOLLOW](#)
11. [GENERAL SOCIAL MEDIA TIPS](#)
12. [EDUCATE YOURSELF & BECOME A STRONGER ALLY](#)
13. [SERVICES AND REFERRALS](#)

ACTION ITEMS

This is your To-Do List!

- Review this document and consider how you can use it as a tool to help.
- Register to VOTE
- Check-in on Black and POC friends, family, colleagues, and acquaintances.
- Educate yourself- it's your job to learn about racial injustices and what you can do to help. (See the "Educate yourself" page)
- Be an advocate for mental health- be aware of how what you say and what you post on social media can affect others. Refrain from posting traumatic content without content warnings as it can be triggering to many and can increase the dehumanization of POC.
- Read the news and pay attention to social media. Ignorance is NOT bliss.
- Choose action over inaction. Attend protests and share your #blacklivesmatter posts online, regardless of your follower count or base. Your voice is powerful.
- Be an ally at the dinner table. If you hear a racist or misinformed conversation amongst family or friends, correct the speaker in a way that initiates a conversation about why this is wrong.
- Create a long term strategy- How will you be an ally for the rest of your life? Donate to organizations if you have the means to do so. Support local black-owned businesses. Donate your time. Speak out and become politically active.

NEED HELP / RESOURCES?

Click this link to view a National Resource list for those seeking aide or legal counsel: [National Resource List](#)

- *A Master Thread of Lawyers Donating/Offering Their Services ([Tweet](#))*
- *[Another Google Doc with a Bail Fund List](#)*
- *National Lawyers Guild NYC: What to do if Someone You Know is Arrested ([Tweet](#))*

IF YOU ARE DETAINED:

1. Remain calm, do not antagonize the officer(s), and do not escalate the situation. Police get away with brutality, excessive force, and improper arrests under the guise of protecting themselves from the threat of immediate harm.
2. Ask “am I being detained, or am I free to go?” This is a good way to know whether you are being detained in such a manner that requires a reading of your Miranda rights.
3. Please remember that you have the right to remain silent and ask for a lawyer immediately. When in doubt, shut your mouth. Anything and everything can be used against you.
4. You do not have to answer any questions or explain your actions to a police officer. “I don’t have to answer questions about my day” is a good phrase to remember.
5. If you cannot afford a lawyer, you have the right to free legal counsel. Remain quiet - no matter what the police say to you, never sign anything or make any decisions without a lawyer present.
6. Courts have upheld that cops are able to say just about anything to a detainee in questioning to get answers or information from them. This includes lying (for example, “your friend we arrested already told us you did XYZ”). Do. Not. Engage.
7. You have the right to a phone call (usually local); if this is to your lawyer, the police can not listen in on it. However, this is not true for calls made to anyone else.

WHERE TO DONATE:

❑ Alice's Guide to Bay Area Organizations: [Link HERE](#)

❑ George Floyd Memorial Fund

This memorial fund is established to cover funeral and burial expenses, mental and grief counseling, lodging and travel for all court proceedings, and to assist Floyd's family in the days to come as they continue to seek justice for George. [Donate here.](#)

❑ Unicorn Riot

A nonprofit media organization dedicated to fair, on the ground reporting on police brutality and white supremacy. [Donate here.](#)

❑ Minnesota Freedom Fund

The Minnesota Freedom Fund is a community based nonprofit that combats the harms of incarceration by paying bail for low-income individuals who cannot. The Minnesota Freedom Fund has raised \$20m and is asking that future donations be routed to Black Visions Collective and Reclaim The Block. [Donate here.](#)

❑ Black Visions Collective

BLVC aims to create the conditions for long term success and transformation for all Black People. They believe in a future where all Black people have autonomy and where safety is community-led. [Donate here.](#)

❑ Reclaim The Block

Reclaim the Block organizes Minneapolis community and city council members to move money from the police department into other areas of the city's budget that truly promote community health and safety. [Donate here.](#)

❑ National Bail Out

National Bail Out is a Black-led and Black-centered collective of abolitionist organizers, lawyers and activists building a community-based movement to support and end systems of pretrial detention and ultimately mass incarceration. [Donate here.](#)

Black Lives Matter

BLM is a movement and ongoing fight to end state-sanctioned violence, liberate Black people, and end white supremacy forever. [Donate here.](#)

Bail Project

The Bail Project is a national nonprofit organization that pays bail for people in need, reuniting families and restoring the presumption of innocence. Their goal is to secure freedom for as many people as possible and fuel momentum for equal justice. [Donate here.](#)

Campaign Zero

Campaign Zero is a police reform campaign that proposes research-based policy solutions to end police brutality in America. [Donate here.](#)

National Bail Fund Network

The National Bail Fund Network is made up of over sixty community bail and bond funds across the country. They regularly update their listing of community bail funds that are freeing people by paying bail/bond and are also fighting to abolish the money bail system and pretrial detention. [Donate here.](#)

MORE GOOD STUFF:

- [Run with Maud](#)
- [Justice for Breonna](#)
- [The innocent Project](#)
- [National Police Accountability Project](#)
- [Black Visions Collective](#)
- [Reclaim the Block](#)
- [Official George Floyd Memorial Fund](#)
- [NAACP Legal Defense Fund](#)
- [American Civil Liberties Union](#)
- [National Bail Fund Network or local bail funds across the US](#)
- [National Police Accountability Project](#)

-
- ❑ [Know Your Rights Camp](#)

Local, City- Specific Organizations:

Los Angeles

- ❑ Peoples City Council Freedom Fund. [*Donate here.*](#)
- ❑ Black Lives Matter Los Angeles. [*Donate here.*](#)
- ❑ Alliance of Californians for Community Empowerment. [*Donate here.*](#)

San Francisco

- ❑ Bay Area Bail Fund. [*Donate here.*](#)
- ❑ Anti Police-Terror Project. [*Donate here.*](#)
- ❑ Community Ready Corps. [*Donate here.*](#)

NUMBERS TO CALL / TEXT

- Call DA Mike Freeman in Minnesota (612-348-5550) AND Minneapolis Mayor, Jacob Frey (612-637-2100) and demand prosecution to Derek Chauvin (Badge #1087) and Tou Thoa (badge #7162).
- Text FLOYD to 55-156
- Text JUSTICE to 668366
- Text ENOUGH to 551-65
- Leave a message for Louisville Mayor and demand justice for Breonna Taylor 502-574-2003.

PETITIONS to SIGN

- Justice For George Floyd. [Sign here.](#)
 - Color of Change: Ensure the officers involved in Floyd's death are brought to justice. [Sign here.](#)
 - White House Petition. [Sign here.](#)
 - Justice For Breonna Taylor. [Sign here.](#)
 - Justice for Ahmaud Arbery. [Sign here.](#)
-
- [THIS](#) is a petition to get one of the Black Panther elders released from prison - he has a terminal disease and it is thought to be inhumane to keep him incarcerated.
 - Text FLOYD to 55156 OR sign the petition here: [Color of Change - #JusticeforFloyd: Demand the officers who killed George Floyd are charged with murder.](#)
 - [Color of Change - #JusticeforAhmaud](#)
 - [change.org - Justice for George Floyd](#)
 - [change.org - The Minneapolis Police Officers to be charged for murder after killing innocent black man](#)
 - [change.org - Justice for George Floyd](#)
 - [change.org - Justice for George Floyd](#)
 - [change.org - Justice for Breonna Taylor](#)
 - [change.org - Julius Jones is innocent. Don't let him be executed by the state of Oklahoma.](#)
 - [Justice for Julius](#) (more info with how to help and where to send emails)
 - [change.org - Prosecute the murderers who killed George Floyd](#)
 - [change.org - Justice for Belly Mujinga](#)
 - [change.org - Justice For Tony McDade](#)
 - [change.org - Hands Up Act](#)
 - [change.org - Justice For João Pedro](#)
 - [change.org - Willie Simmons has served 38 years for a \\$9 robbery](#)
 - [change.org - Disbarment of George E. Barnhill](#)
 - [change.org - Justice for Regis Korchinski-Paquet](#)

-
- [change.org - Justice for Ahmaud Arbery-Pass Georgia Hate Crime Bill](#)
 - [change.org - Free Anthony Wint](#)
 - [change.org - After The Smoke Clears... Arrest Juan DelaCruz for the MURDER of Pamela Turner RIGHT NOW](#)
 - [change.org - #freejeffersonelie](#)
 - [change.org - Exoneration of Albert Wilson](#)
 - [change.org - Justice for Sean](#)
 - [change.org - Reopen Kendrick Johnson's Case #J4Kendrick](#)
 - [change.org - Justice For Tamir Rice](#)
 - [change.org - Justice for Tamir Rice 2](#)
 - [change.org - Censorship of Police Brutality in France](#)
 - [change.org - Fire Racist Criminal Michael J Reynolds from the NYPD](#)
 - [change.org - Mandatory Life Sentence for Police Brutality](#)
 - [change.org - Criminal Charges for Travis & Greg McMichael in the murder of Black Jogger Ahmaud Arbery](#)
 - [change.org - Justice for Alejandro Vargas Martinez](#)
 - [change.org - Make false 911 calls a criminal offense](#)
 - [change.org - RAISE THE DEGREE](#)
 - [change.org - Free Siyanda](#)
 - [change.org - Jennifer Jeffley](#)
 - [change.org - Justice for Darrius Stewart](#)
 - [change.org - Justice for Amiya Braxton](#)
 - [change.org - Justice for Dion Johnson](#)
 - [change.org - Justice for Emerald Black](#)
 - [change.org - Skip to main content Drop All Charges Against Incarcerated Trafficking Survivor Chrystul Kizer](#)
 - [change.org - Justice for Crystal Mason](#)
 - [change.org - Stop hit and run drivers who kill Innocent people from receiving bond in North Carolina](#)
 - [change.org - Justice for Tete](#)
 - [change.org - Justice for Sean Reed](#)
 - [change.org - Jail Time for Dylan Mota and Jacob Robles](#)
 - [change.org - National action against police brutality](#)
 - [change.org - Dismiss the charges on Marshae Jones and charge the one who shot her and her unborn baby](#)
 - [change.org - Fire Jared Campbell](#)
 - [change.org - The UK government must condemn the murder of George Floyd](#)
 - [change.org - Justice for Cameron Green](#)
 - [change.org - Pardon Black Woman Imprisoned for Voting](#)
 - [change.org - Justice for Young Uwa](#)
 - [change.org - We Need KCPD Accountability](#)
 - [change.org - Justice for Amari Boone](#)
 - [change.org - Ban the use of inhumane rubber bullets](#)

-
- [change.org - The Trayvon Martin Law - Stop this from happening again](#)
 - [change.org - Arrest Jennifer Watson of Denver, CO for attempted murder](#)
 - [change.org - Demand Congress pass the police SHIELD Act](#)
 - [change.org - Ban the use of rubber bullets for crowd control](#)
 - [change.org - Diritti e Dignità per i braccianti invisibili](#) Black workers in Italy are being underpaid and denied by the government
 - [change.org - Do not let the boys involved in the racist bullying against Macie walk at graduation](#)
 - [change.org - Denounce the City of Chicago's Treatment of Protesters](#)
 - [change.org - Let The Grand Jury Decide Not Don Kleine](#)
 - [change.org - Federally Required IAT and Psychological Screenings for Police Officer Employment](#)
 - text "JUSTICE" to 668366
 - [moveon - #JusticeforBre: Police officers who killed Breonna Taylor must be FIRED](#)
 - [moveon - We want justice for 19 year old Darrius Stewart gunned down by a white police officer on last Fri...](#)
 - [Organize For - Take the Pledge: We Are the Movement for Black Lives](#)
 - Text "ENOUGH" to 55156 - demand justice for Breonna Taylor
 - Text "JUSTICE" to 55156 - demand DA George Barnhill and Jackie Johnson are removed from office
 - [We the People - Justice for George Floyd](#)
Make sure you confirm your signature by checking your email immediately after
 - [We the People - Raise the Degree](#)
 - [We the People - Arrest the Other Three](#)
 - [People's Budget LA](#) Tell your Council Member to reject Mayor Eric Garcetti's proposal to spend 54% of the general fund on the LAPD
 - [reclaim the block - Tell MPLS City Council to Defund the Police](#)
 - [Amnesty International - Demand justice for George Floyd](#)
 - [The Action Network - #DefundThePolice](#)
 - [The Action Network - Councilmember Martinez: We Demand the People's Budget](#)
 - [The Action Network - Increase Our Communities! Defund the Philly Police Budget!](#)
 - Text "TONY MCDADE" to 484848
 - [NAACP for equitable recovery from COVID-19](#)

SUPPORT MINORITY-OWNED BUSINESSES

- LIST: Support Black-owned restaurants and pop-ups in the Bay Area!**
- Minority-owned businesses hit hard from protests in Minneapolis fund
- New York's black-owned restaurants that could use our support right now
- List of black-owned businesses to support
- A thread of small black businesses destroyed by protests with GoFundMe links
- Black-owned business relief fund for various cities that have been affected by the protests
- Buy Black Atlanta: help brown & black businesses damaged by the protests

HOW TO SUPPORT PROTESTORS

(WHEN YOU CAN'T BE ON THE STREETS YOURSELF)

1. FUND BAIL

Numerous organizations are gathering funds to support jailed protestors, and the outpouring has been so significant that several have ceased accepting donations. A few national organizations still open to donations include The Bail Project, LGBTQ Fund, Black Lives Matter, and Democratic Socialists of America. For local efforts, this list offers a good place to start. ActBlue offers a list as well. (Note: Before you donate anything to any organization, do your research!)

2. ORGANIZE SUPPLIES

Reach out to protest organizers (start with your local chapter of Black Lives Matter) to offer supplies to keep protesters safe and equipped for long hours on the street. I've seen some people on Instagram building individual kits to donate, which include things like masks, sunblock, snacks, water, goggles, hand towels, first aid kits, gloves, hand sanitizers, etc. While you're in touch with organizers, ask how else you can help out from afar, too.

3. PROVIDE TRANSPORTATION

If you have a car, you can help protestors by offering to drop them at protest meeting points and pick them up when the protest is over or if things go south; however, keep in mind that if you're worried about COVID-19, you should be wearing masks and keeping car windows open for the duration of the drive.

4. VOLUNTEER TO BE SOMEONE'S EMERGENCY CONTACT

Offer to be the person protestors can call for help if they get arrested. Your role will be to notify their contacts, help them find funds for bail, and arrange to get them home from jail.

5. OFFER CHILDCARE

This one is also tricky in light of coronavirus, but if it makes sense for you and the protestor you're trying to support, offer to watch their children while they take to the streets.

9. OFFER POST-PROTEST SUPPORT

Protestors are likely to be upset, scared, tired, and stressed. Offer them emotional support in addition to attending to their practical needs, e.g. food delivery, cleaning, etc.

10. ASK BLACK PEOPLE IN YOUR COMMUNITY WHAT THEY NEED

If you're not a member of the Black community, don't just assume you know what is helpful. Ask your Black friends, colleagues, neighbors, etc. what they would like to see you do during this time. Listen—actually listen—when they respond, and then take action accordingly.

QUESTIONS TO ASK YOURSELF

- What can you do to support POC in your community?
- What are your local politicians' policies on ending police brutality?
- When, and by whom, were you taught about race and culture?
- How can you encourage your workplace to enact socially responsible policies and values?
- How do you plan on helping the fight to end racial discrimination and systemic oppression?
- How do you behave when confronted by racist behavior?
- How can you use anti-racist knowledge to change and progress conversations with friends, family, colleagues, and peers?
- How can you be actively anti-racist instead of simply “not racist”?
- Why is it important for everyone to work towards ending this injustice?
- What do you want to learn more about?

ORGANIZATIONS TO FOLLOW

- ❑ [@blkivesmatter](#)
- ❑ [@colorofchange](#)
- ❑ [@naacp](#)
- ❑ [@showingupforracialjustice](#)
- ❑ [@civilrightsorg](#)
- ❑ [@reclaimtheblock](#)
- ❑ [@ethelsclub](#)
- ❑ [@unitedwedream](#)
- ❑ [@shaunking](#)

GENERAL SOCIAL MEDIA TIPS

- ❑ Avoid posting and resharing photos that could help police, organized and unorganized white supremacist groups, and employers identify the people protesting.
- ❑ [Click here](#) if you're not sure how to blur people's faces, tattoos, and other identifying attributes.
- ❑ Do not use your social media page to discourage looting or "violent protest". It's counterrevolutionary to use your platform this way.

-
- A quick response: "*Violence aimed at the recovery of human dignity and at equality cannot be judged by the same yardstick as violence aimed at maintenance of discrimination and oppression.*" - Walter Rodney
 - Reading Material: [In Defense of Looting](#) by Vicky Osterweil
 - Do not share videos and photos of the murder of George Floyd or any other Black person who has been murdered police - or anyone for that matter! These videos are the lynching postcards of our time.
 - Reading Material: [White Witness and the Contemporary Lynching](#) by Zoé Samudzi
 - Do the work to unlearn and to fight all of your racist conditioning re: innocence and criminality.
 - Reading Material: [Black is Crime: Notes on Blaqillegalism](#) by Dubian Ade
 - [A thread](#) of documentaries to watch to understand US policing
 - Reading Material: A [reading list](#) for people being radicalized by the protests taking place. Political education accompanies the work being done in the street!
 - (For Vietnamese Communities) Reading Material: [AntiBlackness in Vietnamese Communities](#).
 - (For Allies) Reading Material: A [Guide to Allyship](#)

EDUCATE YOURSELF & BECOME A STRONGER ALLY

- START HERE: [Education Resources](#) (Keyword Definitions and the basics)
- The ULTIMATE Racial Justice Guide: [#BlackLivesMatter Guide](#)
- [LINK: 12 BOOKS, MOVIES, AND PODCASTS YOU SHOULD CONSUME TO BECOME A BETTER ALLY TO THE BLACK COMMUNITY](#)
- [Your Kids Aren't Too Young to Talk About Race: Resource Roundup](#)

-
- [Letters To Your Parents About BLM](#)
 - [Racism And Anti-Blackness](#)
 - [Misinformation Thread](#)
 - [Black History Google Doc](#)
 - [Anti Racism Resources](#)
 - [75 Things You Can Do For Racial Justice](#)
 - [#BLM POC Ally Research](#)
 - [Reverse Racism Is A Myth](#)
 - [Anti-Racism For Beginners](#)
 - [Anti-Racism/The Prison-Industrial Complex](#)
 - [PBS Segment On George Floyd](#)
 - [Info On Prison Abolition](#)
 - [Anti-racism resources](#)
 - [Learn about Black history and activism](#)
 - [Books by Black Activists](#)
 - [Black History Month Library](#)
 - [Black Revolutionary Texts](#)
 - [Books: how to be actively antiracist](#)
 - [Book rec: Me and White Supremacy by Layla F Saad](#)
 - [Twitter thread: documentaries](#)
 - [Learn about unconscious bias](#)
 - [Twitter thread of mental health resources for Black people](#)
 - [Twitter thread on why protesters attacked Target in MN](#)
 - [Being Black and LGBTQ](#)

-
- [Twitter thread of documentaries](#)
 - [Open Yale course - African American History: From Emancipation to the Present](#)
 - [ALEC Exposed](#)
 - [MPLS Protests](#)

 - [Report: What Does it Take to Embed a Racial Equity & Inclusion Lens?](#)
 - [Twitter thread of misinformation](#)
 - [Twitter thread: "how can i help from the uk?"](#)
 - [Macpherson report](#)
 - [Legislation that has been proposed/passed to address police brutality](#)

SERVICES AND REFERRALS

Virtual [Mental Health Resources for POC:](#)

- Dive In Well
- Sista Afya
- Therapy for Black Girls
- Healhaus
- Inclusive Therapists
- Ethel's Club
- The Nap Ministry

Marin County Health Resource: [Ritter Center](#)

Drop-in or by appointment -Call: 415.457.8182

Free resources - Healing for Black Lives & Grieving/Healing Circles:

DM on Instagram @freedomcommunityclinic or email info@freedomcommunityclinic.org